

THE HARTFORD COUNTY BAR FOUNDATION  
PRESENTS  
**2014 JOSEPH J. CASSIDY MEMORIAL  
5K ROAD RACE, KIDS' RUN & FAMILY WALK**

**SATURDAY, MAY 17, 2014 ♦ 9:00 A.M.  
MDC RESERVOIR #1 ♦ FARMINGTON AVENUE  
WEST HARTFORD, CONNECTICUT**

**THE COURSE**

3.1 miles of gentle terrain through the scenic reservoir complex. Paved road on TAC certified course. Course closed to motor vehicles. Kids' Run will begin at 9:00 a.m. 5K Road Race at 9:15 a.m. & Family walk at 9:20 a.m.

**CHILDRENS' RUN & LAW FIRM TROPHY!**

Children who run a quarter mile, half mile or 1 mile race, each will receive a medal.

Listen all law firms – trophy to the team with the top 3 finishers, based on lowest cumulative times. "Firm Members" include lawyers, non-lawyer employees, children and significant others. Please fill out separate Law Firm Team Registration Form

**REGISTRATION**

To enter, complete and mail the official entry form below with a \$10 for the Kids' Run or a \$25 check for the 5K Run & Walkers payable to the **Hartford County Bar Foundation**. **All mail entries must be received by May 14th, 2014**. Race numbers can be picked up at starting area from 8:00 a.m. - 8:45 a.m. on May 5 (day of race). Day of Race Registration also permitted until 8:45 a.m. **Official race T-shirts to first 100 registrants.**

**DIRECTIONS TO START**

The race will be held at the MDC Reservoir located off Farmington Avenue in West Hartford, CT. Exit #39 off Route 84. At end of exit, take right at light onto Route 4E. Continue 2.2 miles. Turn left into Reservoir #1 parking lot.

**OTHER DETAILS**

5K Road Race - Mileage markers at each mile. Trophies to 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> male and female finishers, and a special category for Judges. Please note that Law Firm Team Members are also eligible to win these categories.

**THE SPONSOR**

The event is presented by the Hartford County Bar Foundation, Inc.

**THE GOAL**

The proceeds from the race will benefit the Hartford County Bar Foundation, an IRS § 501(c)(3), non-profit corporation, whose purpose is to assist people who are homeless, hungry, sick, and/or disabled in our community.

**STILL HAVE QUESTIONS???**

Please call the Hartford County Bar Foundation, Inc. at (860)525-8106, or e-mail us at [programinfo@hartfordbar.org](mailto:programinfo@hartfordbar.org) This form may be photocopied.

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**2014 JOSEPH J. CASSIDY 5K ROAD RACE REGISTRATION FORM**

NAME \_\_\_\_\_

ADDRESS \_\_\_\_\_ E-Mail \_\_\_\_\_

CITY \_\_\_\_\_ STATE \_\_\_\_\_ ZIP \_\_\_\_\_

AGE ON RACE DAY \_\_\_\_\_ MALE \_\_\_\_\_ FEMALE \_\_\_\_\_ PHONE \_\_\_\_\_

I will participate in the 5k Run \$25 \_\_\_\_\_ Law Student \$15 \_\_\_\_\_ Kids' Run \$10 \_\_\_\_\_ Walk \$25 \_\_\_\_\_

I enclose a check for the amount of \$ \_\_\_\_\_ as payment for the above registration.

I enclose a \$100 check for sponsorship to be included on t-shirt back (must be submitted on or before April 18, 2014). Sponsor's Name - for T-Shirt (Exactly as it is to appear on the back of T-Shirts):

\_\_\_\_\_  
**WAIVER (MUST BE READ AND SIGNED BY REGISTRANT)**

I know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and sufficiently trained. I agree to abide by any decision of a race official relative to my ability to safely complete the run. I assume all risks associated with running in this event, including, but not limited to: falls, contact with other participants, the effects of the weather, including high heat and/or humidity, traffic and the conditions of the road, all such risks being known and appreciated by me. Having read this waiver and knowing these facts and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Hartford County Bar Foundation, Hartford County Bar Foundation and the MDC, Ken and Beth Shluger, all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. Please be advised that results including names and times will be published on the HCBA website following the race.

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date Parent's Signature if under 18 years old Date

Complete and return with a check payable and mail to the **HARTFORD COUNTY BAR FOUNDATION**, 100 Pearl Street, 4<sup>th</sup> floor, Hartford, CT 06103. **All pre-registrations must be received by May 14, 2014**. Forms without signed waiver will not be accepted. Race numbers may be picked up at registration table on race day prior to start. Registration fee is non-refundable. Day of race registration until 8:45 a.m.